Ethics
Boundaries
Self Care

...Hospice work is hard enough!
Ethics in Hospice Work

- Ethical responsibilities flow from all human relationships.
- Values exist at the core of professional ethical behavior.
- Wherever passion exists, ethics are at risk.
"Hospices face more and more issues in the gray area that falls into the category of ethical dilemmas," said Jessica Klinghoffer, HOV quality improvement and community education manager. Some of these arise from a difference between how hospices and hospitals offer their services. In a hospital, the emphasis is on the individual patient's autonomy. "In a hospice, the patient and family are the unit of care, which means that several different points of view come into any decision," she continued. "Sometimes those points of view are in conflict."
Defined...Ethical dilemmas

A situation that forces us to make a decision that involves breaking some ethical norms or contradicting some ethical value. The effect of an action may put others at risk, harm others, or violate another person's rights.
Defined...

- **Autonomy**: Right of an individual to make his or her own independent decisions.

- **Beneficence**: Describes the principle of doing good, demonstrating kindness, and helping others.

- **Justice**: The obligation to be fair in the distribution of benefits and risks.

- **Nonmaleficence**: The duty to avoid causing harm to patients.
Being careful...

- Practice spiritual care - not nursing, social work, etc.
- Value and protect your pastoral care visit with proper documentation
- Work together with your IDG to promote quality and missional life
Self care in chaplain work

- Overlooked in every discipline of hospice work
- Under-utilized area in most agency personnel assistance programs
How to be a chaplain without loosing your mind

Your plan

Reality
You can't teach an old dog new tricks...
Self care...

- Be yourself!
- Be true to your faith and values while being resourceful
- Go to work, don’t live there!

*In my life, if I have not had my devotions and “centering time” I am probably not going to be a very good chaplain.*